

February 3, 2012



SHERMAN SHARKBYTES NEWSLETTER

SAVE THE DATE:

2/3 : Bingo Night CANCELLED
2/7 : Early Dismissal at 1:40p - Prof. Development Day
2/15 : PTA meeting LMC 9a
2/16 : Dad's Night Out CANCELLED
2/20-24 : Winter Break - No school
2/28 : Elise Broach Author Visit
2/29 : Daffodil Orders due
3/17 : 5th Grade Hosts Annual Pancake Breakfast
3/31 : 5th Grade Tag Sale fundraiser

Bullying, Cyberbullying & Youth Depression

This is a **DON'T MISS PRESENTATION** for **ALL parents!**

Learn how to deal with bullying, cyberbullying and youth depression. Feb. 15th at Roger Ludlowe Middle School. Open to the Community. Presented by John Halligan, whose son died by suicide after being bullied by classmates. He was 13 years old. Click [HERE](#) for more information. Go to [Ryan's Story](#) to read more.

Sherman School Store

The school store is suspended until further notice due to the ongoing construction.

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[Join our Mailing List!](#)

Community events

Author Visit : Elise Broach

Feb. 28th

Pre-orders for Elise Broach books have already been submitted but the author will gladly sign books you have purchased on your own and brought to school. Elise will be at Sherman on February 28th and will be meeting with all grade levels. Parents are welcome to attend. She has written books for students of all ages and they are all available on line. For more information contact [Joan](#).

Daffodil Days are coming!!!



The American Cancer Society Daffodil Days program is here! The Daffodil Days program is one opportunity to save lives from cancer by raising funds and sharing hope for a world with less cancer and more birthdays.

You can order daffodil bouquets, potted daffodils, a Bear and a Bunch (10 fresh-cut daffodils and a limited edition Boyds plush bear), or make anonymous gifts of flowers or teddy bears to people impacted by cancer.

The deadline for choosing flowers is 5 p.m. on Wednesday, February 29, 2012. Daffodils will arrive the week of March 19, 2012. Click on our Sherman Personal page below to order online and see the many donation options or order thru the main office envelope by using the Order Form attached.

Thanks so much for your help. Your contributions truly make a difference in the fight against cancer. To learn more about where your donation goes, read the American Cancer Society, New England Division Annual Report.

Sincerely,
Holly Routhier and Maryann Dolzani - Daffodil Fundraiser Co-Chairs

[Click here to visit Sherman's PERSONAL page.](#)

Click [HERE](#) for a printable order form and details.

Sherman 5th Grade Yearbook News

5th Grade Parent's Homework, due Monday: Please look for your child's Kindergarten photos from 2006 - 2007 and email them to shark5grads@gmail.com

Stop by during lunch recess with your camera and see how quickly they pose for pictures! See [FLYER](#) attached for more info.

SHERMAN GREEN COMMITTEE NEWS.....

Green Tip of the Month: Cereal, candy, pickles and bread. What do these foods have in common? They, and many other processed foods, often contain artificial food dyes (e.g. Red 40, Yellow 5, Blue 1). The FDA reports that Americans were consuming five times more artificial food colorings in 2007 than they were in 1955. While the FDA stated earlier this year that food dyes and other additives in food may exacerbate issues for children with ADHD or other behavioral problems, they have not made any changes in food labeling requirements. Several European countries have banned some dyes and require foods that contain any still-approved artificial dyes to display warning labels. Some American companies have switched to natural dyes for the products they sell abroad while they continue to use artificial dyes for products sold in the U.S.

So, what can you as the shopper do? Read the ingredient list on labels and avoid items listing artificial food dyes. Still want some color in your candy, cookies or cheese? Opt for

products containing natural dyes derived from foods such as spinach, beets or turmeric. Enjoy!

Recycling News :

CURE Recycling Drive still going on!! The PTA will get \$ for each item recycled, while also benefiting CURE Childhood Cancer and helping the environment. For more information see the attached [FLYER](#).

CDs, cereal boxes (fronts only), and circular cheese containers are still needed for fun and innovative art projects. Please place them in the collection box just inside the Fern Street entrance. Thank you.

Questions or comments, contact [Courtney](#)

SHERMAN NEWS & LINKS

Mrs. Roxbee's February Letter to Parents available [HERE](#).

2012-2013 Preschool Application available [HERE](#)

Don't forget to check Sherman School website for important happenings, school lunch menus and Friday folder information, Go to [Sherman Edline](#)

Check out Dr. Title's Blog [HERE](#)

Fuel for Learning Partnership

go to [Tracy's blog](#) at the Connecticut Post.
Up for February--**mushrooms!**
See [The Veggie Pledge](#) for more information.

SEPTA NEWS

www.fairfieldsepta.org

MARK YOUR CALENDAR:

SEPTA is sponsoring John Halligan's presentation on bullying February 15, 16, 17 at each of the middle schools. On Wednesday, February 15th there will be an evening parent presentation open to the community at RLMS.

SEPTA ICE SKATING PARTY

Sunday, February 12th from 2-3:30 at the Fairfield Ice Academy. Free to all SEPTA members. Please RSVP to [Patty Donohue](#) or [Denise Leverly](#)

UPCOMING SEPTA MEETINGS

February 8th at 7:30 in the McKinley School Library: Strategies to Help Your Anxious Child
This workshop will discuss common forms of anxiety disorders in children, causes and interventions, concrete strategies to help your child, and pitfalls to avoid when helping your child.

Check out the Sherman PTA website for more fun PTA activities and local community events. www.rspta.org

Have a nice weekend,

Roger Sherman School PTA

